THE LONG SHORT WAY



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How far does human effort reach? Is it even possible for a person to communicate with the infinite G-d? The ultimate self-made man is limited by his efforts to succeed—then what is effort for?

ON THE SHOULDERS OF GIANTS

ד) וְהָנֵה מְצִד הַהַּתְלֹבְשׁוּת דְתּוֹרָה וּמִצְווֹת בְּעַנְיֵנֵי עוֹלֶם הַזֶּה הַגַּשְׁמִי שְהוּא רוּבּוֹ כְּכּוּלוֹ רַע, צְרִידְּ לִנְקוֹתַן מַכָּל פְּסוֹלֵת הַנוֹפֵל בָּהֵן,

Physical reality is made up of both good and evil: everything can be used for either one. When we use physicality for holy purposes, the potential good is actualized. Since Torah and mitzvos become a part of physical reality, they're affected by the evil that exists within the mundane.

וּבְּמוֹ בְּלִימוּד הַתּוֹרָה, שְׁמִצֵּד זֶה שְׁהַתּוֹרָה נִתְלַבְּשָׁה בְּשֵׁבֶל אֱנוּשִׁי וּבְּעָנְיָנִים נַשְׁמִיִם הַרֵי אֶפְשָׁר שְׁהַלִּימוּד שָׁלוֹ יִהְנִיֹה שֶׁלֹא לִשְׁמָה וְעַד לְדַרְגָא הָכִי תַּחָתוֹנָה בְּשֵׁלֹא לִשְׁמָה, וְעַל דֶרֶךְ זֶה בְּמִצְוֹת.

Learning Torah is so great that at times learning is a higher priority than mitzvos. The way Torah exists down here however—where it can be understood by the human mind, and relates to physical occurrences—can be learned for ulterior motives.

It's entirely possible for Torah to be learned for pleasure and even selfaggrandizement.

וְזֶהוּ מַה שְׁהַלְבוּשִׁים דְתוֹרָה וּמִצְוֹת צְרִיכִים לְרְחִיצָה וּבִּיבּוּס, שְׁיִהְיֶּה לְבוּשִׁים נְקִיִים וְכוּלְהוּ (וְאַפִּילוּ לֹא יִהְיוּ בְּאוֹפֵן דִ״מַלְבוּשִׁי אָגְאָלְתִּי״), בְּדוּגְמַת לְבוּשׁ הִגְשְׁמִי שְׁבִּכְדֵי שְׁיִהְיֶּה זַדְּ וְנְקִי צְרִידְּ לָרְחוֹץ וּלְכַבֵּס אוֹתוֹ.

Like physical clothing, the protective garments of Torah and mitzvos need cleaning. Even if our garments aren't "blood-stained"—our ulterior motives aren't so bad— they need to be cleaned and rid of filth that may have stuck. Although learning Torah for the

sake of pleasure may even be a good thing, it's still an ulterior motive.

Previously we explained that doing mitzvos and learning Torah creates a protective layer for the soul. The soul is finite and needs these protective garments to be able to handle G-d's infinite light. The cleaner and more refined the garment, the better suited we are to experience the infinite.

[וְגַם לְאַחֲבִי שְׁהָאָדָם מְכַבֵּס אֶת הַלְבוּשִׁים דְתּוֹרָה וּמִצְוֹוֹת שְׁיִהְיוּ נְקִיִים מִכְּל בְּסוֹלֶת כוּלֹהוּ, בִּכְדֵי שְׁיַעֲלוּ לְמַעֲלָה, צְּרִיכִים הֵם לְהַוְּדֵבַךּ עַל יְדִי הַמַּלִאָּכִים, דָגַפִיף לָהוֹן וְנָשִׁיק לָהוֹן.

Even after the protective garments of Torah and mitzvos have been cleaned, it's not enough for them to ascend on high. The garments of Torah and mitzvos first need to be caressed, kissed by angels. Only then can they ascend on high.

What does "ascend on high" mean? The Arizal taught that everything that exists has a soul—even leaves and stones have a spark of G-dliness that "existifies" it. That spark is its soul. Kabbalah explains that physical reality is made up of both good and evil—the potential for both. The good within the mundane is that spark of G-dliness, its soul. The soul and G-dliness in general is likened to fire—just as fire ascends, constantly pulling away at its wick, G-dliness too wants to reattach itself to G-d. This is its nature. When we "elevate" an object and make it holy, we are exposing the object's holy potential. When we turn paper, for example, into something holy—we reveal that its soul is from a higher place. This happens with every mitzvah and the Torah we learn. And this is why proper intent is so crucial if the purpose of learning Torah is to expose its G-dly identity, then we need to clean our garments—let go of ulterior motives. If our intent is what helps

expose the G-dliness of the mitzvah and the learning, then our intent needs to be "clean."

וְהָעִנְיָן הוּא דְהָנֵה כְּתִיב, ״אֵין צַדִּיק בְּאָרֶץ אֲשֶׁר יַעֲשֶׂה טוֹב וְלֹא יֶחֱטָא,״ שְׁמִפְּנֵי שְׁהָאָדָם נִמְצְא בָּאָרֶץ בְּעוֹלָם הָזֶה הַגִּשְׁמִי לְכֵן יֵשׁ בּוֹ חֵטְא, חֵטְא מִלְשׁוֹן חַסָרוֹן (עַל כַּל בְּנִים).

No matter what, no one is perfect, as the verse states, "...There is no righteous man on earth who does good and doesn't sin." Being in this physical world is enough for there to be sin (cheit, in Hebrew), means lack or imperfection.

וְהַגָּם שְׁהַחַטְּא (הַחִסְרוֹן) הוּא לֹא בְאַשַׁמְתוֹ חַסּ וְשְׁלוֹם, שְׁהַרִי, ״וְעַמֵּךּ כֻּלְּם צַדִּיקִים״, כִּי אָם כְּמְּה שְׁלוֹם, שְׁהַרִי, ״וְעַמֵּךּ כֻּלְּם צַדִּיקִים״, כִּי אָם כְּמְּה שְׁכְּתוֹב,״נוֹרָא עֲלִילָה עַל בְּנֵי אָדָם ״שְׁרְצוֹן הַקְּדוֹשׁ בְּרוּדְ הוּא הוּא שֶׁבְּנֵי אָדָם נִמְצָא בְּעוֹלְם כָּזֶה [וּבְדוֹּגְמַת מֶלֶדְ שֶׁשָׁלַח אֶת בְּנוֹ לְמְדִינָה רְחוֹמְה בִּכְדִי לְהַרְאוֹת אֶת חְכְמַת בְּנוֹ שֶׁגַם בְּמְדִינָה רְחוֹמָה בַּרְדִי לְהַרְאוֹת אֶת הָמֶמֶת בְּנוֹ שֶׁגַם בְּמְדִינָה הַוֹיֶּה הַרְחוֹמָה הַנִיִּי אֶת הָאֶמֶת, בְּחִינַת ״וָאֱמֶת הַוֹיֶּיה לְעוֹלְם״],

The fact that no one is free from imperfection is not our fault. As the verse says, "And your people, all of them [are] righteous," nevertheless, "...Awesome in His deeds toward mankind." It's G-d's will for mankind to be in this physical and imperfect world. There's an analogy of a king who sends his son, heir to the throne, to a faraway land to test his moral compass. He wants to see if his son will be able to recognize truth and virtue even outside of his environment.

אָף עַל פִּי כֵּן, מָכֵּיוָן שֶׁבְּפּוֹעַל יֵשׁ בּוֹ (חֵסָא מִלְשׁוֹן)
חַסְרוֹן, וְגַם הַתּוֹרָה וּמִצְוֹוֹת שֶׁלוֹ אִינָם בְּשְׁלֵימוֹת,
וּכְּמְה שֶׁבְתוּב, ״אֵין צַיִּדִיק בָּאָרֶץ אֲשֶׁר יַיַגַשָּׁה טוֹב
וְלֹא יָחֱטָא,״ שַׁהַחַסְרוֹן (״יֶחֱטָא״) הוּא גַם בְּהַתּוֹרָה
וּמִצְוֹוֹת (בְּ״יַבְשָשׁׁה טוֹב״) (שֶׁלוֹ, לָכֵן בִּכְדִי שֶׁהַתּוֹרָה
וּמִצְוֹוֹת שֶׁלוֹ יַעֲלוּ לְמַעֵּלָה, צְרִידְ הוּא לְסִיוּעַ
הַמַּלְאַבִים].

Nevertheless, since this world is not perfect, neither are the Torah we learn

and the mitzvos we do. Since our effort alone isn't enough, our Torah and mitzvos need the caressing and kissing from angels.

PARADIGM SHIFT

ה) וְהַנַּה זָה מַה שֶׁהַתּוֹרָה וּמִצְוֹוֹת שַּבְּעוֹלְם הָזָה הַגַּשְׁמִי צְרִיכִים וּזְקוֹקִים לְסִיוּעַ הַמַלְּאָבִים הוּא לֹא רַק מִפְּנָי שָׁעוֹלְם הַזֶּה הַגַּשְׁמִי הוּא רוּבּוֹ בְּנוֹלְם הַזֶּה הַגַּשְׁמִי הוּא רוּבּוֹ בְּנוֹלְוֹ רַע, אֶלָא (גַם) מְצֵד הַגִּשְׁמִיוּת דְעוֹלְם הַזֶּה. שֶׁלְהִיוֹתוֹ גַשְׁמִי הוּא בְּאֵין עָרוֹךְ לְעוֹלְמוֹת הְעֶלְיוֹנִים (הַרּוֹחֲנַיִּים).

Another reason why our Torah and mitzvos need angels' help, is because they're physical. Physicality is completely not relative to spirituality—the two are infinitely beyond compare.

The words of Torah and prayer we say are physical and are elevated by our intent and sincerity. Although words of Torah and prayer are G-dliness exposed, since they're physical, they need help to jump the gap between the material and the physical. Physicality is inferior to spirituality in the following two ways: a) The G-dly light that causes existence is dimmed until it becomes physicality. b) This dimmed version of G-dliness is masked and concealed.Whenever a gap is jumped—from physicality to spirituality or from one stage in Gan Eden to the next—the previous stage needs to be abandoned. Our Torah and mitzvos are further elevated by the kissing of angels. Similarly a soul's ascent in Gan Eden needs help to go from stage to stage.

וְעַל דֶרֶדְּ הַיְדוּעְ בְּנוֹגֵע לְנִשְׁמַת הָאָדָם, שֶׁאַפִּילוּ צִּדִּיק גָמוּר כְּשֶׁעוֹלֶה לְגוּ עֵדֶן צְּרִידְּ טְבִילָה בְּנְהָר דִינוֹר בְּכְדֵי לְשְׁכּוֹחַ עַל חֵיזוֹ דְהַאִי עַלְמָא, כִּי מְצֵּד הָאֵין עָרוֹדְּ דְעוֹלֶם הַזֶּה הַגַּשְׁמִי לְגוַ עֵדֶן הַרֵי אַפִּילוּ מִקְצַת מַעִּנְיָנֵי עוֹלֶם הַזֶּה מוֹנֵע מִלְעַלוּת לְגוַ עֵדֶן [בּדוּגִמַת הַעַלִּיוֹת שֻׁבְּדַרְגוֹת דְגוַ עֵדָן שָׁמַגּן עַדָּן הַתּחְתּוֹן לְגוַ עֵדֶן הָעֶליוֹן וְכוּלהוּ,שְׁמִבֶּיוְן שֶׁהְעֵלּיוֹת הַם בְּצֵין עִרוֹדְּ, צְרִידְּ לְהְיוֹת תְּחִילָּה בִּיטוּל הָהַשְּׁגָה דְגוַ עֵדֶן הַתּּחְתּוֹן. וּבְּיָדוּעְ הַמְשְׁל מֵענְיָן הַשְּׁגַת הַשְּׁכֵּל, שָׁבְּכְדֵי לְבוֹא לְהַשְּׁנָה עָלְיוֹנְה שֶׁבְּאֵין עְרוֹדְ לְהַשְּׁגָה הַקּוֹדֶמֶת (אַף עַל פִּי שֶׁנֵם הַשְּׁגָה הָעֶלְיוֹנְה הִיא בְּעוֹלָם הַזֶּה הַקּוֹדְמֵת. בִיטוּל הַשְּׁגָה הַקּוֹדְמֵת.

Take the soul for example: When the soul of even a complete tzaddik ascends to Gan Eden, it needs to be immersed in the Dinor River to forget having seen this world. Since this world is completely incomparable to spirituality, even the smallest remnant of earthiness prevents the soul from entering Gan Eden. Even within Gan Eden, there are countless levels and dimensions in ascending quality—and each one is unparalleled to the next. To understand the souls ascent, let's take learning new ideas for example: When we try to understand an entirely new idea, one we've never heard of—even if this idea exists in physical reality—we need to drop any preconceived notions.

We learn new ideas by comparing them to what we already know.

However, when we try to understand something that is truly new to us, that's incomparable to anything we've learned before, our efforts to try fitting this new idea into our old frame of reference prove worthless. In such a case, we're simply recycling our old ideas instead of trying to understand. To understand a new idea, we need the humility, simplicity and open-mindedness to let go of what we imagine this new idea might be and try to get it for what it is.

וּבְּמוֹ רַבִּי זֵירָא כִּי סְלִיק לָאַרְעָא דִישְׂרָאַל יְתִיב מֵאָה תַּעֲנִיתָא (אוֹ מ' תַּעֲנִיוֹת) לִשְׁכּוֹחַ תַּלְמוּד בַּבְלִי בּכְדֵי שִׁיוּכְל לִלְמוֹד תַּלְמוּד יְרוּשִׁלְמִין, עַל דֶכֶדְ זֶה הוּא גַם בְּנוֹגַעַ לְהַתּוֹרָה וּמִצְוֹוֹת שֶׁל הָאָדָם, שֻׁמְצַד הֶיוֹתְן מָלוּבַּשׁוֹת בַּעְנִינִים גַּשְׁמֵיִם, צַרִידְ לִהְיוֹת תַּחָלַה שִׁיִזְדַבָּכוּ וִיתִפַּשִּׁטוּ מִגַשִּׁמִיוּתַן עַל יִדֵי הַמַלְאַבִים.

Rabbi Zeyra, for example, fasted one hundred fasts (forty, according to the Maharshal) when he moved from Bavel to the Holy Land. The fasts were to forget Babylonian Talmud in order to learn the Jerusalem Talmud. So too our Torah and mitzvos—in order for them to reach their fullest potential, we need the help of angels to refine them and un-physicalize them.

R' Zeyra was an amora, who lived in Eretz Yisroel. He was born in Bavel, and was a student R' Chisda, R' Huna and R' Yehuda bar Yechezkel at the yeshiva in Pumbedisa. R' Zeyra loved and wanted very much to go to Eretz Yisroel. Before leaving, he fasted one hundred days in order to forget the learning style of the yeshivos in Bavel. He did this so that the dialectic style of learning of Bavel wouldn't impede his openness to the learning style in the Holy Land (Bava Metzia, 85a). He was so excited to arrive in Eretz Yisroel that he crossed the Jordan River fully clothed. An onlooking non-believer made fun of him, to which he answered, "Why shouldn't I be excited when I seek a blessing that was denied to Moshe and Aharon?" (Yerushalmi, Shevuos, 35c).

SUMMARY

This installment explained why the motivation behind our Torah learning and mitzvah doing needs to be adjusted. In the first part, the Rebbe explained that physicality— which is what we use to do Torah and mitzvos—needs to be rid of its evil potential in order to elevate it. In the second part, he explained that to elevate our Torah and mitzvos—they need to lose their physical limitations. In both instances, it's our intent that needs purifying.

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